




# SPIN SCHEDULE 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:45-6:30 AM	Early Bird Spin with DEE		Early Bird Spin with DEE		Early Bird Spin with DEE	
						
9:00-9:45am			Morning Spin JANET		Morning Spin JANET	
5:15-6:00pm	AFTERNOON SPIN WITH JANET	AFTERNOON SPIN WITH KATIE				
<a href="http://1107 BEN ALI DRIVE DANVILLE KY 40422">1107 BEN ALI DRIVE DANVILLE KY 40422</a> (859)936-935 <a href="http://WWW.EMHEALTH.ORG">WWW.EMHEALTH.ORG</a>						REVISED ON 1/7/21

SPIN INSTRUCTORS: DEE MINOR, JANET FLUTY, KATIE NEWTON, & BRITTAN TERRELL

